

Therapeutic recreation

Central to the treatment process are recreation and leisure activities such as sports, arts and crafts, and other hobbies enjoyed by the youth. These activities are designed to further develop self-esteem, sportsmanship, social skills, and self-awareness.

During school holidays, the group continues its treatment in a camp setting. These trips provide opportunities for the youth to strengthen peer and staff relationships as well as to gain new knowledge and skills.

Culture

A range of cultural activities are made available on a voluntary basis. Ranch Ehrlo celebrates the culture of all youth and recognizes the importance of heritage, religious beliefs, and spirituality regardless of race, creed or colour.

Education

We operate an independent school which is accredited by Saskatchewan Education. In addition to the Schaller Education Centre located on the Pilot Butte site, there are classrooms located within community schools. Special education teachers are trained to manage youth with emotional difficulties and problematic behaviour. Each youth is provided with educational testing from which an individualized education plan is developed. Whenever possible, the youth will be gradually moved into community schools.

Discharge and follow-up

Planning for youth to return to their family or alternative community resources begins with arrival into the program. The family and other community resources must be ready to support returning youth to the community. Discharge planning is addressed throughout the youth's stay.

After discharge, a follow-up program which includes contact with the youth, parents, case manager, and other support people is implemented.

The Ranch Ehrlo Society is a charitable organization dedicated to providing a range of quality assessment, treatment, education, support and community services that improve the lives of children, youth, and their families.

Ranch Ehrlo operates in a warm, nurturing environment that promotes dignity and self-respect, offsetting social, physical and psychological difficulties. Basic to this approach is cultural sensitivity and respect that celebrate differences.

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SPECIALIZED treatment program for youth with sexual behaviour problems:

Ranch Ehrlo's specialized program is designed to help youth address safety, boundary issues, and develop a healthier lifestyle.



There is a growing increase in awareness of sexual abuse and the need for special treatment of both the abused and the abuser. It has been recognized that the pattern of sexually abusive behaviour often begins in childhood or adolescence, and if there are not interventions, the problem may continue into adulthood. As a result, the need exists for a highly specialized treatment program for adolescents who have problems in this area.



A holistic and intensive treatment approach is utilized in order to assist young people to break problematic behaviour patterns and develop a healthier lifestyle.

For over 20 years The Ranch Ehrlo Society has operated a number of treatment programs designed to address the range of sexual behavior problems that some youth struggle with.

The program

Youth who display sexually inappropriate, reactive, or abusive patterns of behaviour have other social, emotional, psychological, and behavioural problems that require a series of specific interventions. These patterns are generally deep-rooted and require intensive treatment.

Our holistic programs include an intake and stabilization unit, as well as additional programs which are tailored according to the cognitive functioning and age of the youth. Normally, the duration of treatment is 18-24 months.

Treatment explores and offers care for:

- Past trauma and victimization
- Family relationships and attachment
- Loss, abandonment, abuse
- Developmental delays and mental health challenges

Treatment seeks to develop and strengthen:

- Healthy boundaries, sexuality, and relationships
- Abilities to cope with and respond to life challenges
- Potential for family reunification, community reintegration, and independent living
- Develop plans for safety

Admission criteria

- In general youth aged 12 to 16 will be considered.
- Younger and older youth may be accepted under certain circumstances.
- Program is restricted to males.
- Females will be considered for admission to other programs operated by the Ranch.

Group therapy

- Discussion relates to sexual behaviour and other issues identified as important to the youth.

- Educational groups are also offered to the youth and are designed to increase their knowledge and encourage the development of healthy coping and decision making skills.
- Youth participate in therapeutic camps with an intensified focus on a specific treatment issue.

Clinical services

An initial comprehensive assessment is provided, as this is crucial to understanding each youth's individual needs. From this process, an individualized service plan is developed which addresses the specific treatment needs of the youth.

The assessment and service plan are reviewed and updated every three months.

Family involvement

We encourage involvement through participation in:

- The intake meeting
- Family sessions
- Family visits
- Planning conferences, and a variety of other events