



Rates

Ehrlo Counselling Services operates on an hourly fee for service basis. Payments can be negotiated on a sliding scale based on income. This service may be covered by your insurance plan or EFAP program.

Workshops and seminars are available on a negotiated contractual basis.

About Ehrlo Counselling Services

Ehrlo Counselling Services is a division of the Ranch Ehrlo Society, a charitable organization dedicated to providing a range of quality assessment, treatment, education, support and community services that improve the lives of children, youth and their families.

Hours:

Office hours are Monday to Friday from 9 a.m. to 5 p.m. We are able to provide flexible appointment times to accommodate busy schedules.

Contact us:

Ehrlo Counselling Services
101 - 2022 Cornwall St.
Regina, SK
S4P 2K5
Ph: (306) 751-2467
Fx: (306) 751-2416



EHRLO

Counselling Services

Providing a variety of counselling, psychological assessment, training and consultation services to children, adolescents, families, adults, community members, and companies.



- individual counselling
- family counselling
- group counselling
- couples counselling
- consultations
- training, workshop, and conference events



Ehrlo Counselling Services (ECS) provides a variety of counselling, psychological assessment, training and consultation services to community members, Employee Family Assistance Plan members (EFAP), organizations, and companies. We provide flexible appointment times and a quick response to referral requests.

ECS provides quality services based on current best practice standards. Our services work within our vision of assisting children, adults and families in achieving their full potential and our mission is to promote healthy communities for children, families and adults.

Topics

Some of the issues that can be addressed through workshops, education seminars, psychological assessments and counselling are:

- Trauma work
- Stress coping skills
- Conflict resolution
- Grief and bereavement counselling

- Relationship difficulty
- Assertiveness training
- Children and adolescent problems
- Divorce/separation/blended family issues
- Anxiety and depression
- Parent/Child communication problems
- School difficulties
- Education and psychological assessments

Qualifications

Our treatment team consists of highly competent individuals with formal education as well as experience in working with children, adolescents, adults and families. Our therapists and counsellors are Masters/Doctoral prepared and are fully insured and registered for practice. They consist of Registered Psychologists, Doctoral Psychologists, Registered Social Workers and Certified Canadian Counsellors.

Registration in a professional association

The members of our counselling services team are required to be registered with a professional association. Counsellors follow ethical guidelines of their professional association as well as our policy on confidentiality.

Continuing education

In order to uphold the best standards of practice, all of our counsellors participate in continuing education on a regular, ongoing basis.

Ethics

All of our counselling services and programs follow ethical guidelines that integrate the highest standards of professional counselling practice. All communication between counsellors and our clients is confidential, as guided by the Ehrlo Counselling Services policy on confidentiality and the ethics of our professional registration associations (i.e. Saskatchewan College of Psychologists, Saskatchewan Association of Social Workers).